

# Fall Color Foray



Aspens in full gold

Nora Livingston

## **October 15, 2018 • Nora Livingston**

\$75 per person / \$65 for Mono Lake Committee members  
enrollment limited to 15 participants

Every fall, quaking aspen trees famously paint the landscape with golden hues as their leaves change. During peak season, this half day seminar will hit the hotspots of colorful groves to enjoy the glittering golden, ruby, and emerald forests while learning about aspen ecology. Great for photographers.

This seminar will involve easy to moderate hiking at elevations ranging from 6,400 to 9,600 feet above sea level. We will hike 1–3 miles over the course of the day, mostly on level terrain, but with the possibility of steeper sections of trail.

Nora Livingston is our very own Lead Naturalist Guide. She has spent nine years exploring the many unique nooks and crannies of the Mono Basin. Before moving to Lee Vining permanently, she bounced around California for eight years as a field biologist, studying birds on the Channel Islands, the Farallon Islands, and in the Eastern Sierra.

### **ITINERARY**

**Monday, October 15 at 8:00am:** Meet at the Mono Lake Committee Information Center & Bookstore in Lee Vining. After brief introductions, we will carpool to our first destination. Possible

locations include Lee Vining Canyon, Parker Creek, the June Lake Loop, and a few lesser known patches. Itinerary may vary with timing of leaf color change, weather, or the instructor's whims. This class will end around 12:00pm.

***Altitude and Dehydration Cautions:*** Remember to bring (and drink!) lots of water because your body loses more water at the higher altitudes of the Mono Basin. Experts recommend that you begin drinking extra water as you drive to higher elevation in order to prevent dehydration and headaches. Also, the sun is rather fierce at high elevations, capable of burning even on cool and cloudy days, so be sure to protect yourself thoroughly using sunscreen, sunglasses, and hat.

## **TO BRING**

- camera
- notebook/pencil (optional)
- sturdy footwear
- day pack
- warm clothes, rain jacket, hat
- sunscreen, sunglasses
- plenty of drinking water



## **Mono Lake Committee Field Seminars**

P.O. Box 29 • Lee Vining, CA 93541 • (760) 647-6595 • [monolake.org/seminars](http://monolake.org/seminars)